

SHABBAT – PART 3

By Steve Berkson

Part 1 – Quick Review

Let us approach this critically important teaching with open minds, hearts and spirits so that we can truly receive what Yahweh desires from us in our guarding, keeping and remembering the Shabbat.

Part 2 – How Should Shabbat Be Remembered and Guarded?

Note: I believe that Shabbat observance questions can be easily answered for the most part by looking at the questions in the context of Holy / Set-Apart Time

Neh 13:15-22 – instruction on buying and selling on the Shabbat

- Levites / Priests / Spiritual Leadership representing Yahweh were to:
 - Cleanse themselves – Physically & spiritually especially in relationship to this issue
 - Guard the gates to set-apart the Shabbat

Jer 17:19-27 – bear no burden on the Shabbat

- The Hebrew seems to indicate historically that this is referring to burdens or bundles of items of the sort carried by people and camels
- This is the same word we see used in **Neh 13:15, 19**

Isa 58:13-14

- Turn your foot from doing your pleasure on Yahweh's set-apart day
 - We are to call the Shabbat a delight (oneg)
 - Not doing your own ways
 - Nor finding your own pleasure
 - Nor speaking your own words
 - Then you shall delight yourself in Yahweh
 - I do not think that this is referring as many claim to Yom Kippur when we read the chapter in context
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Part 3 – Ramifications of Keeping and Breaking The Shabbatot

Isa 56:1-8 – Blessed is the man who...guards the Shabbat

- **Verse 8** – a reference to **John 10:16** – Read from **verse 1**



- **Verses 3 and 6** – “Stranger” here is the Hebrew Neichar
 - an alienated person; The term refers to two kinds of people:
 - (a) An Israelite who has become apostate, i.e. one who worships idols, desecrates the Sabbath, or denies the validity of any of the Torah’s commandments
 - (b) A non-Israelite who may be traveling through Eretz Yisrael
- **Hos 9:16**

Eze 20:12-24 – Yisrael punished for profaning the Shabbats

Eze 44:15, 23-24 – Yahweh gives the priests instructions to instruct the people

- **Col 2:16-17, 20-23** – Let no one judge you in Shabbats except those of the “Body”
 - The issue is the here is the embracing of commands and teachings of men as being equal in authority to Torah
- **Luke 6:1-2** – Yeshua and the disciples plucking grain on Shabbat
 - Reference the 39 from “The Sabbath” by Dayan Dr. I. Grunfeld – Page 23, 32
 - Reaping – P.43-44
- **Luke 14:1-6** – The ox in the ditch

Part 4 – Conclusion

- Traditions
 - Candle lighting, Motzi & Kiddush and Havdalah
- Sunset issues – i.e. places where the sun doesn’t set or doesn’t rise
 - **Gen 49:10**
 - Which translates as the scepter over or the lawgiving authority as relates to the chukim – laws that have aspects that go beyond normal rational understanding shall not depart from Judah
 - **Psa 60:7**
 - Yehudah is My lawgiver – Hebrew Yehudah m’cho’k’ki
 - Which translates as Judah has the scepter over or is the lawgiving authority as relates to the chukim – laws that have aspects that go beyond normal rational understanding

Closing Questions:

- Do you really want to walk in truth?
- Can you handle the truth?



- Debarim / Deut 8:2-3
 - Are you ready to be tested so you can prove whether or not it is in your heart to keep the commandments or not?
- Debarim / Deut 6:4-9 Are you ready to really walk this out?
- The 3rd Commandment – As a child of the living Elohim, bearing His Name, what message are those around you, who are watching what you do, receiving regarding the observance of the Shabbatot. Are you bring the Name of Yahweh glory and honor or shame?

Are we guarding / remembering Yahweh's Shabbat or are we guarding / remembering what our family, friends and bosses want and guarding their feelings?

